



ALLERGIES & SENSITIVITIES

Peanuts and/or Tree Nuts

Anyone with severe nut allergies should not purchase any of our products

Dairy

Raw, Roasted, Salted and Candied nuts do not contain dairy ingredients
Chocolate and Buttered products cannot be considered dairy free

Soy

Raw, Roasted, Salted, Candied and Buttered nuts do not contain soy
Soya lecithin is used as an emulsifier in all chocolate

Egg

All creams (soft-centre chocolates) contain egg

Sulphites

Generally, all dried fruits contain sulphites

Gluten

Nuts - Raw, Roasted, Salted and Candied nuts do not consist of any ingredients that may contain gluten, with the exception of Curried, Chilli and Savoury Herb varieties. Buttered nuts contain glucose derived from wheat.

Chocolates - Nuts and Nut Clusters do not consist of any ingredients that may contain gluten. Caramels and Creams (soft-centres) contain glucose derived from wheat. All other chocolates are low in gluten except Aniseed Rings, Bullets, Liquorice (including Raspberry Liquorice), Marshmallow, Rocky Road, Malty Balls, Turkish Delight, Truffles and Apricot Nougat.

Lollies (bought in) - these are Gluten free, according to the manufacturer: Jelly Beans, Gummy Bears, Sour Worms. All other lollies should be considered to contain gluten - if in doubt, please speak to a member of staff for more information.

****NB** Whilst precautions are taken to clean equipment between the manufacturing and packaging of different products, there is no guarantee that gluten, or other allergens such as nuts, soy, milk, egg and sulphites will not be present in any of The Nut Shop products. Those with severe allergies to any of these ingredients are recommended to avoid all Nut Shop products.